



The Kaghan Flame

A Quarterly Newsletter of The Kaghan Memorial Trust

Autumn 2010 (July-September)

UNICEF Selects KMT for its Persy So Memorial Grant



On July 2, 2010, following almost one year of evaluation and a visit to the Kaghan Memorial School (KMS) by their personnel, UNICEF approved a grant of US\$ 53,126 (equivalent to Rs. 4,481,180) for The Kaghan Memorial Trust (KMT) through its Persy So Memorial Fund.



Ms. Perseveranda (Persy) So was a former Head of Education at UNICEF Pakistan, dedicated throughout her career to providing education to children in need in Pakistan and all over the

world. She was tragically killed in a terrorist attack on her hotel in Peshawar on June 9, 2009. Even on her last day, she was on mission in camps near Peshawar, helping children displaced in north-western Pakistan due to internal conflict and militancy. Given Ms. So's lifelong commitment to the well being of disadvantaged children, and in memory of her untiring services in this regard, UNICEF has set up the Persy So Memorial Fund as a tribute to her legacy.

Whereas KMT sincerely appreciates the approval of this donation from a financial point of view, the Trustees and the entire KMT team consider it to be a particular honour for our school to have been selected as a beneficiary of this very special fund.

This is also the largest single donation ever received by KMT and it will be used at KMS for the construction of one classroom and two

student toilets; the sponsorship of 30 students for one year; support for the establishment of a resource centre; and the provision of playground facilities for the children. The classroom, when completed, will be dedicated to the memory of Ms. Persy So.

The 30 children being sponsored are currently in Grade 2. This donation from UNICEF will support their transition to Grade 3 in the 2011 academic year. As with all child sponsorships, it will cover the education of these students as well as their daily lunches, annual health screening, day-to-day medical care, and provision of uniforms and winter warmers.

The resource centre that UNICEF is supporting will feature IT equipment including an interactive whiteboard that will enable users of this facility to communicate with other similarly equipped centres or classrooms around the world. This will allow for remote teacher training and interaction of the School's students with their peers in other schools. Other focuses of the centre will include the provision of teaching resources for the academic staff and development of the information technology skills of the KMS students.

And last but not least, the playground facilities will provide the children a safe place in which to explore and develop their physical faculties as they grow. It will also add to the fun and enjoyment of their schooling experience – an obvious encouragement to attend classes each day!

We would like to thank UNICEF for selecting us for this donation, and in particular, we would like to express our gratitude towards Mr. Bart Vrolijk, Ms. Pilar Aguilar and Ms. Khalida Ahmed for the confidence they have reposed in KMT and KMS.

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The Managing Trustee's Quarterly Overview

Dear Friends and Supporters of KMT,

Coming out of KMT's toughest financial year (FY) that ended on June 30, 2010, we have had the best possible start to FY 2010-2011 due to our selection by UNICEF Pakistan for a grant of Rs. 4,481,180 (US\$ 53,126) from their Persy So Memorial Fund; the largest donation we have ever received.



As reported on the front page of this newsletter, this grant covers the construction and furnishing of a classroom and two student toilets at the School, the equipping of one student/teacher resource centre, and the sponsorship of 30 children for one year. The classroom, once ready, will be dedicated in the name of Ms. Perseveranda (Persy) So, a former Head of Education at UNICEF Pakistan who was killed in a terrorist attack in Peshawar last year while helping provide education to children displaced as a result of internal conflicts in north-western Pakistan. The Trustees of KMT are humbled that UNICEF considered supporting our School to be a fitting tribute to Ms. So's memory, and we are firmly committed to ensuring that her family and UNICEF will be proud of and satisfied with how we spend this donation to provide quality education and services to disadvantaged children.

This generous and much needed grant was followed by three other sizable donations during the quarter from the three original Trustees, Khurram Khan, Junaid Qasim and Kashif Khwaja, amounting to another Rs. 2.2 million (US\$ 26,000) in total. This contribution was made by the Trustees to help KMT recover from the financial deficit and debt burden that it had accumulated during the last financial year, and to bring the development activities at the School back on target after the slowdown of construction work in 2009-2010. In line with this commitment, the Trustees have pledged to contribute another Rs. 1.7 million (US\$ 20,000) to KMT before the end of the calendar year.

In total therefore, KMT has already secured grants and pledges totaling approximately Rs. 8.4 million (US\$ 100,000) from these four sources in the first quarter of the new financial year, and with child sponsorships and other smaller donations amounting to another Rs. 1.15 million (US\$ 13,600), KMT has raised almost Rs. 9.55 million (US\$ 113,600) in total during this three month period from July to September 2010. Just as the last financial year was the worst in the history of the Trust, this quarter is by far the best quarter since KMT's establishment almost 5 years ago. The funds generated during these three months rival the total fundraising returns of the entire previous year!



Naila Hussain

On another positive note, this period also saw the inclusion of Ms. Naila Hussain, a resident of Islamabad and a consultant with an accountancy and financial consulting firm, into our Board of Trustees. Naila will be serving on the Board for a period of three years, and we welcome her into the KMT family. While Naila joins us, two of our former colleagues, Ms. Danielle Bekkering and Ms. Michelle Bergstrand, have completed their respective three year terms as Trustees, and have retired from the Board. We take this opportunity to extend our sincere appreciation to both of them for their dedicated services to the Trust and the School.

We are looking forward with optimism and enthusiasm towards better times for KMT and KMS, and having learnt from the lessons of the previous year, we are determined to do our best to improve the fund generation capacity and the financial strength of the Trust during FY 2010-2011.

Wishing you all the best,

Khurram Khan

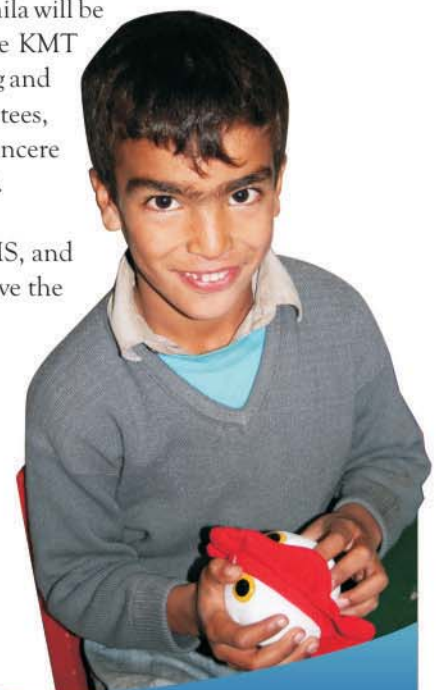
November 2010



Danielle Bekkering



Michelle Bergstrand



KMT Staff Donate for Flood Relief



The exceptionally heavy monsoon rains of the summer of 2010 brought with them what has been acknowledged as Pakistan's biggest natural disaster ever, with large parts of the country inundated and ravaged by heavy flooding. The direct death toll of this disaster was over 2,000 people, with the affectees numbering in the millions, as homes and livelihoods of over one fifth of the population of Pakistan were destroyed in a matter of days.

While most of the students, staff and facilities of the Kaghan Memorial School were not directly affected by the disaster, several roads and bridges up and down the valley have been destroyed. Students from one of the villages that KMS caters to now have to use a rope-suspended cage to cross the Kunar river on their way to school as their access road and bridge have both been wiped away by the flood waters. Other devastating consequences of the floods include a dramatic rise in food

prices as a result of widespread destruction of crops and of grain reserves, and a large scale breakdown of sanitation infrastructure leading to a sharp rise in the proliferation of water-borne diseases. These side-effects are being felt by our students, staff and their families, thereby lending significantly greater importance to the School's programmes of providing daily lunches and medical care to its children and local staff.

Whereas KMT and its Trustees and Staff are fully committed to and focused on the challenges of establishing the Kaghan Memorial School, and whereas the Trust has been struggling, especially over the past year, to raise the funds that it requires for the School, the KMT family could not simply ignore the devastation caused by the flooding on the pretext that we had our own project to look after. Since all funds collected and raised by KMT are explicitly earmarked for the School and therefore cannot be spent on other causes, the KMT Trustees, employees and volunteers pledged individual donations to an internal KMT Flood Relief Fund that aimed to provide food support to fifty families for one month. The contributions

collected were sufficient to meet this objective.

Since KMT itself does not specialise in emergency relief work, in order to disperse the collected funds effectively, KMT solicited the help of De Laas Gul Welfare Programme (DLG), a well reputed NGO working in Khyber Pakhtunkhwa (KP) province with which KMT has also collaborated in the past. Based on an assessment by DLG, the village of Hassan Khel was chosen for KMT's assistance. This is an impoverished settlement located in the Charsadda District of KP, one of the areas hardest hit by the floods. Fifty of the most affected families (315 people in total) were identified for the grant of food packages containing basic food items i.e. rice, pulses, sugar, tea, milk, oil, flour, rooh afza (fruit squash), vermicelli, dates and salt. These food packages were distributed by the DLG team on September 8, 2010.

The KMT Trustees would like to thank DLG for organising and distributing the food packages, and also all KMT staff for their donations towards this important cause.



Construction Work Started on Second Junior School Classroom Building

Having received the UNICEF grant in this quarter, KMT started construction in July of the second Junior School Academic Block that will accommodate two sections each of Grades 3, 4 and 5. As with the first academic block that houses classes Kindergarten to Grade 2, this new building will include 6 classrooms, a staff room, two activity rooms, rest rooms and storage facilities.

In accordance with KMT's plans for KMS, this major building has been designed

according to earthquake-resistant construction codes. Adherence to such stringent guidelines does increase the building costs substantially, but as with all of its activities, KMT puts the well being of the children and its staff first, and it is resolved to raising the extra funding required to allow for the incorporation of extra safety measures into the School's buildings.

UNICEF's funding covers the construction of one classroom in this

building, and this will be readied for use before the start of the new academic year in March 2011. The other rooms and facilities will be built by KMT through its regular development programme as and when donor financing is secured for each room or section. Provided that funding is readily available, this building can be made fully functional before the start of the 2012 academic year.



Have you seen our updated website complete with new photos of the School and our events this year?

Go to: www.kmt.org.pk



ANNUAL MEDICAL CAMP 2010



Goals

Outside of the School, the students of KMS receive little medical attention or treatment from qualified professionals. This often leads to curable diseases and poor hygiene resulting in long-term ailments, and in cases serious complications, from what normally start as minor problems. Furthermore, many of the children suffer from nutritional deficiencies as a consequence of the inadequate diets available to their low-income households.

The annual medical camps conducted at the Kaghan Memorial School aim to:

- ➔ Provide medical services and consultations by qualified and experienced medical practitioners to the students and staff of KMS;
- ➔ Provide suitable and quality-controlled medicines and dietary supplements to the students;
- ➔ Increase awareness of basic medical issues, hygienic practices and preventative health care;
- ➔ Determine the frequency of common diseases among the students, and to follow this up with systematic treatment;
- ➔ Prepare detailed medical reports and updates for each of the students.

Physicians on Duty

Paediatrician	Dr. Tasleem Akhtar
General Practitioner	Dr. Murad Afridi
ENT Specialist	Dr. Shahzad Ali Khan
Acting Pharmacist	Dr. Hina Inayat Khan
Eye and Skin Technician	Mr. Shaheen Akhtar
Eye and Skin Technician's Assistant	Mr. Ishtiaq Ahmad
Immunisation Technician	Mr. Aurangzeb
Immunisation Technician's Assistant	Mr. Zohaib

KMS Receives "Giant Microbes" Teaching Resource

One of the best and most effective ways to reduce diseases and ailments is to work towards their prevention. This involves awareness raising and hygiene promotion. In order to assist in the efforts being made by the academic team in this regard, Dr. Noraisha Oyama, a supporter of KMT based in Australia, has kindly donated a selection of "Giant Microbes" to the Kaghan Memorial School. These "Giant Microbes" are soft-play toys that each represent a common disease, bacteria or infection. Each toy has a booklet containing information about the microbe it represents. This is yet another innovative way in which KMS is seeking to impart awareness and understanding amongst its students of how to develop a healthy lifestyle in a way that is easily understandable and fun. We are grateful to Dr. Noraisha Oyama for this donation.



Camp Overview

The second annual medical camp at KMS was held on the weekend of July 3rd and 4th, 2010. Over the 2 days, a team of four doctors and four medical technicians conducted medical check-ups and treatments for all 175 students and for the twelve local administration staff working at the School. Every student was checked for height, weight, vision defects, ENT (ear, nose and throat) problems, and common ailments such as worm infestations, scabies and infections. Where ailments or problems were diagnosed, medication and/or referrals for further checks were given. The students were also administered immunisations (where needed) for measles and BCG, and polio drops were given in the week following the camp as part of the national campaign.

The doctors who had returned to the School for a second year observed an improvement in the general hygiene of the children as well as a decrease in ENT problems, particularly colds and flu, at this year's camp. Significant malnutrition was, however, still evident, especially amongst the children admitted into the School in recent months.



Acknowledgements

KMT is immensely grateful to Dr. Tasleem Akhtar, Dr. Murad Afridi, Dr. Shahzad Ali Khan, Dr. Hina Inayat Khan, Mr. Shaheen Akhtar, Mr. Ishtiaq Ahmad, Mr. Aurangzeb and Mr. Zohaib for volunteering their time and professional expertise without which this event could not have been a success for the second year running.

We would also like to express our sincere thanks to: D. Watson Chemist, Blue Area, Islamabad who donated a large number of medicines and equipment for the camp; Colgate-Palmolive Pakistan who donated the soap, toothbrushes and toothpastes given in the hygiene kits; and The British Club, Islamabad for their contribution towards the overall costs of the camp.



Hygiene Kits

At the end of their examinations, each student was given a hygiene kit containing an antibacterial soap, toothbrush, toothpaste, comb, and nail clippers, to allow them to continue at home the practices they had learnt in school. These practices will continue to be encouraged by the teaching team following the camp.



Achievements from KMS's First Term 2010 – by Adrienne Ramari Scott, Volunteer Teacher

The First Term 2010 being the third term of my volunteer experience at the Kaghan Memorial School, I continued to be impressed by both the progress of the students and the combined efforts of the staff.

We continued to develop both the teaching methods and the learning environment of the School throughout the term. It also helped that the first Junior School Academic Block came into full operation during this period. Moving from the temporary rooms that we were using last year to this building with its fully functional classrooms and allied facilities, coupled with the continual expansion of the School's library resources, allowed us to deliver more effective and meaningful classes.

In Science, the natural setting of the School leads to countless new and varied lessons. The children are able to see firsthand the vast array of living creatures that inhabit the school ground, including their favourite – mini beasts! The nomadic

tribes that move up and down the valley according to the season give the children an opportunity to examine an array of domesticated animals. The mountains, valleys and rivers that form the topography of the valley, and the environmental diversity that comes as a result of these variations, further enrich their first-hand learning experiences.

For Maths, the teachers have witnessed steady advancement. The children have showed an increasing willingness to ask questions when they do not understand, and a growing enjoyment in the regular Maths competitions that the teaching team organises.

English lessons have shown a similar level of improvement. Furthermore, these lessons take into account cultural factors with the national penchant for reciting poetry in a communal setting becoming a regular favourite in English classes.

In fact, across the board whether in Urdu, Islamiat, Physical Education or any of the

above subjects, the increasing joint experience of the teaching team and the focus of the School over the past two years on developing its own specialised curriculum has led to improvements in both planning and delivery. This may be one of the reasons why, at the end of the First Term 2010, we are for the first time in our history oversubscribed for both female and male students.

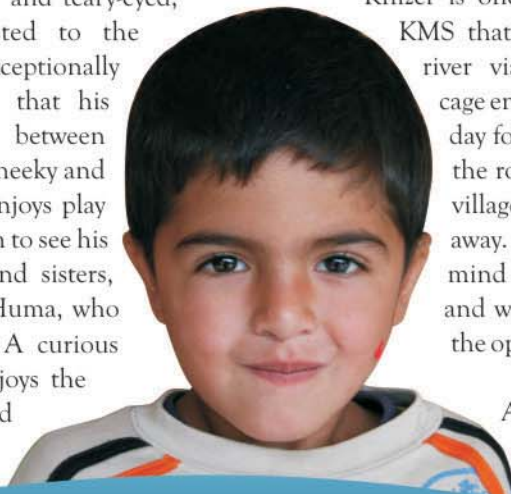
As we look towards the Second Term 2010, we can see the institution really taking shape. The goal of delivering quality education is gradually coming to fruition.



Student Profile

Khizer Arif
Class KG A

Once painfully shy and teary-eyed, Khizer has adjusted to the routine of school exceptionally well, so much so that his teachers alternate between describing him as cheeky and stubborn. Khizer enjoys play time as it allows him to see his brother, Shoaib, and sisters, Momna and Zil-e-Huma, who also attend KMS. A curious young man, he enjoys the activity-based



learning and group activities in most of his classes.

Khizer is one of the students at KMS that has had to cross a river via a rope-suspended cage en-route to School each day following the floods as the road and bridge to his village have been washed away. He says he does not mind as he enjoys school and would rather not miss the opportunity.

After school, Khizer

often waits around outside the staffroom to catch the attention of his teachers. Always a gentleman, he frequently shares his homemade snacks with his teachers. It is this generous nature and his general demeanour that make him one of the most popular students amongst his classmates.

KMS Sports Day postponed

The KMS Sports Day for the academic year 2010 was due to be held on August 14th. This was postponed until October 9th, 2010 in light of the floods that were affecting the entire country at that time. Further information on this event will be featured in our next quarterly newsletter.

Optics Suitcase Donated by The Rochester Section of the Optical Society of America

The Rochester Section of the Optical Society of America has kindly donated an Optics Suitcase to the Kaghan Memorial School. This society is a group of people that seek to promote the knowledge of optics among school children and the wider society. The donated Optics Suitcase contains learning materials and lesson aids

that assist the KMS faculty in introducing the students to optical concepts and optical technology. This donation will greatly contribute to the learning of children, particularly in later years. We are indebted to The Rochester Section of the Optical Society of America for their contribution.



Servis Donates School Shoes for KMS Students

For the second year running, Service Industries through its 'Servis' brand have

generously donated 160 pairs of school shoes for the students of KMS. These shoes will be distributed as part of the KMS uniform assignment to each child. These shoes are a major improvement over the rubber flip-flops that most of the children wear in the valley as their families generally

cannot afford proper or suitable shoes.

We would like to express our gratitude to Service for once again supporting us through this donation.

Update on KMT Fundraising Drive and Lucky Draw 2010 – Winners List

As covered in our Summer 2010 newsletter, this year KMT organised its first Lucky Draw to raise money for the Kaghan Memorial School. The winners list of the prizes is as follows:

1.	Ms. Amina Bibi	1 Airblue economy class return air ticket between Islamabad and Manchester	
2.	Ms. Afia Mahmood	Blackberry Bold 9000 from Mobilink	
3.	Ms. Saman Saleem	2 nights stay at the Holiday Inn, Lahore	
4.	Ms. Naila Hussain	Acer Aspire One D250 laptop from Costco	
5.	Brigadier Abdullah	8 room-nights (twin room) at Pine Parks Hotels, Shogran and/or Naran	
6.	Mr. Wasif Shah	1 free movie screening for 34 people with refreshments at Planet X cinema, Islamabad	
7.	Ms. Zahra	10 person dinner at Eclipse, Islamabad	
8.	Ms. Caroline Nichols	CU-7530 digital camera from Acer	
9.	Ms. Shahnaz Sarwar	8 person dinner at Des Pardes, Said Pur Model Village, Islamabad	
10.	Ms. Roma Ali	iPod Shuffle and Rs. 3000 gift vouchers from Illusions	
11.	Mr. Mazhar Shah	6 person dinner at Chopsticks, Islamabad	
12.	Mr. Sebastian Abbot	6 person brunch at Mocca Coffee, Islamabad	
13.	Ms. Bibi Amina	6 person rock climbing training course in Islamabad with The Adventure Club	



Contact Us

The Kaghan Memorial Trust

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About the Trust

The Kaghan Memorial Trust (KMT) is a non-profit Charitable Trust registered in Islamabad in January 2006 in the aftermath of the 2005 earthquake in Northern Pakistan.

The sole immediate objective of the Trust is to establish and operate the Kaghan Memorial School in the Kaghan Valley of Northern Pakistan. This School offers a first-class education to children of this underdeveloped region that was severely hit by the earthquake. Through the provision of quality education, KMT contributes towards sustainable long-term development in the Kaghan Valley.

About the School

The Kaghan Memorial School (KMS) is the first of its kind in Pakistan, in that the highest quality of education is being made freely available to some of the poorest children in the country. When fully operational, the resources and facilities being provided and developed in this school will rival those at the best institutions in Pakistan.

The Kaghan Memorial School is dedicated to the memory of the thousands of children who lost their lives to the earthquake.

New Contributors July to September 2010

Child Sponsorships (New)

UNICEF	30 children
Mr. Mohsin Mueen Raja	2 children
Ms. Carrie Abendroth	1 child
Mr. David G. Cox	1 child
Ms. Samina Naz	1 child
Syed Junaid Qasim	1 child
Mr. Khalid Bashir Dar	1 child
Ms. Linley York	1 child

Child Sponsorships (Renewals)

Mr. Ahsan Imtiaz Bhatti	4 children
Mr. Iqbal Ahmed Khan	1 child
Mr. Ch. Wajid and Mr. Ch. Muhammad Ayub	1 child
Mr. Haider Raza	1 child
BugelHajema Adviseurs	1 child
Shaikh Alam Ali Memorial Trust	1 child
Mr. Dominic Shorthouse	1 child



General Donations

UNICEF	Rs. 3,215,595
<small>(This is in addition to the Rs. 1,265,585 received from UNICEF towards sponsorship of 30 students.)</small>	
Mr. Khurram Khan (Trustee)	Rs. 900,000
Mr. Junaid Qasim (Trustee)	Rs. 900,000
Mr. Kashif Khwaja (Trustee)	Rs. 400,000
Mr. Roger Dahlberg and Mr. Nathan Dahlberg	Rs. 302,493
Islamabad Rugby Club	Rs. 100,000
Mrs. Vicki Marie Lorantas	Rs. 42,665
The British Club	Rs. 28,000
Zohra & Z. Z. Ahmed Foundation	Rs. 25,000
The Pakistan Development Fund	Rs. 16,200
Ms. Deborah Johnson	Rs. 8,550

Donations in Kind

Servis, Pakistan - 160 pairs of school shoes
The Rochester Section of the Optical Society of America - 1 Optics Suitcase (teaching resource)
Dr. Noraisha Oyama - US\$ 200 worth of "Giant Microbes" (teaching resource)

Interest Free Loans

(Outstanding on September 30, 2010)

Mr. Khurram Khan (Trustee)	Rs. 6,358,564
De Laas Gul Welfare Programme	Rs. 250,000
Mr. Tashfeen Sarfraz	Rs. 169,200 (US\$ 2,000)

Friends of KMT

Pakistan

Munawar B. Ahmad	Tariq Husain
Meraj Humayun Khan	Maryam Shahid Khan
Dr. Tasleem Akhtar	Dr. Hassan Rana
Dr. Murad Afridi	Faridullah Khan
Mansoor Khan	Tahir Ayub Khan
Dr. Hina Inayat Khan	Jawwad Abbasi
Mehr Zeb	Nadeem A. Sheikh
Anam Zeb	Mahe Nau Haider

International

New Zealand	USA
Nathan Dahlberg	Amanda Lawrence
Robin Reid	Alyna O'Hanlon
Britta Martin	Elizabeth Logan

Iran	UAE
Mitra Sarraf	Ijaz Anwer
	Akbar Ahmed
United Kingdom	Ayesha Ahmed
Jeremy 'Jez' Cox	Yousaf Ghous

Germany	Holland
Isabel Puchinger	Francis Linthorst
	Casper Helling

Switzerland
Pilar Aguilar

KMT Board of Trustees

Khurram Khan Syed Junaid Qasim Kashif Khwaja Naila Hussain Ali Bajwa Mohsin Hayat